



Help keep us  
free of TB

### Vulnerable to TB....

In Malawi if a member of your close family has TB, you are 5 times more likely to become ill with the disease yourself. In rural areas, where families often sleep in the same room, TB is easily passed on.

Children under 5 like Alfred (right) are particularly at risk, as their immune systems are not fully developed. Resistance is further reduced by malnutrition and common childhood infections. Being held close by their parents also means they are more likely to breathe in the TB bacteria if their parents are infectious.

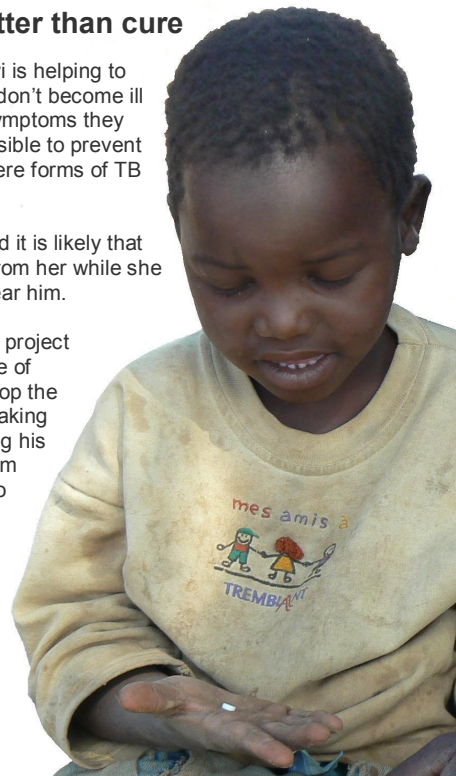
Being HIV positive is also a major risk factor - for children and adults alike who come into contact with TB.

### ...Prevention is better than cure

A TB Alert project in Malawi is helping to ensure children like Alfred don't become ill with TB, or if they do get symptoms they are treated as early as possible to prevent them developing more severe forms of TB such as TB meningitis.

Alfred's mother had TB, and it is likely that he breathed in the germs from her while she carried, cuddled or slept near him.

Alfred was identified by the project and given a 6 month course of preventative medicine to stop the TB becoming active and making him ill. He doesn't like taking his tablet every day but his mum knows how important it is to keep him healthy - she doesn't want him to go through what she did.



TB kills nearly 2 million people a year,  
yet it can be cured and prevented with our help.

Donate now at [www.tbalert.org](http://www.tbalert.org)

The UK's National Tuberculosis Charity, registered charity number 1071886